

Possible Topics

Called to Listen (Luke 9:35) - Our Heavenly Father has a message that we have each been called to hear, but are you listening? In the midst of a noisy world, listening has become a lost art. We know that “anyone with ears to hear should listen and understand” (NLT). But how should we listen? What is God saying?

Communication (James 1:19) – “Quick to listen and slow to speak...” This is true of our communication with others and, more importantly, our communication with God. With good communication with God as our foundation, we can also learn from what God says to guide our communication with our family and the world.

Delight! (Ps. 37:4, Zeph. 3:17) – God delights Himself in us, and when we delight ourselves in Him, He promises to give us the desires of our heart. We will explore what this means and the true meaning of delight, not as the world describes.

Falling in Love with Jesus (John 15:9) – There is no greater joy than as the bride of Christ, bathed in His love. Will take a fresh look at what it means to love – how God demonstrates His love for us, and how we can express love to Him and to others. It is easy to abandon our first love, but God gives us hope and guidance to fall back in love with Jesus.

Personal Unity with God (John 17:21-23, Eph. 4:20-24) It was Christ’s prayer in the garden that we be one as he and the Father are one. What does unity with God look like? How do we achieve it, maintain it, and strengthen it? Hint: it involves transformation.

Single and Lovin’ It, Mostly (1 Cor. 7:34) Singleness is a gift and a blessing, but one that is often misunderstood in churches and the world. Through personal experience and wisdom from Scripture, we explore how to be complete and content, singly with God.

Sisters Connected in Christ (Matt. 22:36-40, Heb. 12:2) – With Christ at the center of our relationships as Christian sisters, we can grow in our relationships with God and one another. We can also gain a deeper understanding of what it means to be a Christian sister to each other (accountability, mentoring, encouragement, etc.).

Victorious and Joyful in Battle (Ps. 20) – Using Psalm 20 as a springboard, we will walk through practical ways to be victorious and joyful in the everyday battles we all face. This also includes a biblical perspective on depression and discouragement.

Women’s Spiritual Health (Matt. 22:36-40) – Physical, mental, emotional, and spiritual health are interconnected. God teaches us through Scripture how to become more spiritually healthy while also addressing the other facets of our health.

Suggested Format (small groups)

Small groups are where transformation takes place. Lessons become personal and practical. Accountability is encouraged. Women are reminded that they are not alone in their struggles. Prayer is emphasized.

At all Iron Rose Sister Ministries events, we facilitate a time in small groups after each session. Guided discussion questions are provided that pertain to the previous lesson and take the teaching a step deeper.