

Iron Rose Sister Ministries Bible Studies Format

The Iron Rose Sister Ministries (IRSM) Bible Studies are designed for a small-group context. Even if it were possible for me to give you “all the answers” and share my perspective on the verses and concepts being presented, I cannot emphasize enough the value of fellowship, discussion, and prayer with other Christian sisters! The format of the IRSM Bible Studies allows for greater discussion, depth of insight, and unique perspectives. If you don’t follow the book exactly, that’s okay! I invite you to make the studies your own, to allow the Spirit to lead, and to treat the studies as a guide and a resource, not a formula.

The IRSM Bible Studies also provide the opportunity for spiritual journaling on a personal level. I encourage you to date the chapters and add notes in the margins in addition to answering the questions. The “Common Threads” will also allow you to chronicle your personal growth individually and in communion with other women in your small group, your Iron Rose Sisters.

Using the image of the rose and the IRSM logo, the bloom of the rose represents areas in which we long to grow. Through these studies, we can also identify thorns we’d like to work on removing or need help to remove. They may be thorns like Paul’s (2 Cor. 12:7-10), but by identifying them; we can know where they are and either dull them or stop sticking ourselves and others with them. The final Common Thread is the iron, which is best defined and facilitated in communion with other Christian sisters, Iron Rose Sisters.

Common Threads in IRSM Studies



*how you’d like
to grow and bloom*



*a thorn you’d
like to remove*



*an area in which you are striving
to dig deeper or need to have
someone hold you accountable*

What is an Iron Rose Sister?

An Iron Rose Sister is a Christian sister who serves as iron sharpening iron (Prov. 27:17), encouraging and inspiring others to be as beautiful as a rose in spite of a few thorns.

Purposes of Iron Rose Sister relationships:

Encouragement and inspiration
Prayer
Understanding and affirmation
Confidentiality
Spiritual audit (IRS)
Mutual call to holy living
Spiritual friendship and conversation

Recommendations for Iron Rose Sister Ministries

Bible Studies:

- Allow for at least a 90-minute meeting time weekly.
 - We're women – we like to talk!
 - Prayer time
 - Depth of conversation and discussion
- Rotate leading the discussion among EACH of the women.
 - Everyone can lead!
 - Everyone will grow!
 - For additional suggestions, see the Leader's Guide (pg. 7)
- Commit to reading the chapter ahead of time.
 - The discussion will be richer and deeper if everyone comes prepared.
 - How much you put in will be directly proportional to how much you get out.
 - You will need to do these studies with your favorite Bible in hand.
 - All verses, unless otherwise noted, are quoted from the New International Version.
- Follow up with each other during the week.
 - Prayer
 - Encouragement
 - Common Threads



The IRSM logo designation is used to highlight questions that lend themselves to good group discussion: ice-breakers, questions for depth of insight or additional perspectives, and areas for growth and sharing.